FORM 4

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations

may continue. See

Instruction 1(b).

Washington, D.C. 20549

| | (| OMB | APPROVAL |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| 1. Name and Address of Reporting Person * Schroeder Stephen L | | | | 2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | |
|---|---|--|---|--|--|---|--|--|---|--|---|---------------------------------|---|--|--|
| NINE GREENWAY PLAZA, SUITE 300 | | | 3. Date of Earliest Transaction (Month/Day/Year) 12/19/2018 | | | | | | | X Officer (give title below) Other (specify below) SVP & Chief Technical Officer | | | | | |
| (Street) HOUSTON, TX 77046 | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person | | | | | |
| (City) (State) (Zip) | | | Table I - Non-Derivative Securities Acqu | | | | | | es Acquire | lired, Disposed of, or Beneficially Owned | | | | | |
| (Instr. 3) Date | | 2. Transaction Date (Month/Day/Year) | | | 3. Transac Code (Instr. 8) | tion 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | f (D) O | 5. Amount of Securities Beneficia Owned Following Reported Transaction(s) | | | Ownership Form: | 7. Nature of Indirect Beneficial | | |
| | | | | (Month/Day/Y | rear) | Code | V A | | A) or (D) | | nstr. 3 and 4) | | Direct (D) Ownersl or Indirect (I) (Instr. 4) | | |
| Common S | Common Stock 12/19/2018 | | 12/19/2018 | | | M | 20 | 9,840 | (1) | \$ 0 52 | 22,524 | | | D | |
| Common S | Common Stock 12/19/2018 | | 12/19/2018 | | | F | 82 | 2,573 D |) | \$ 4.84 4 | 39,951 | | | D | |
| Reminder: Ro | eport on a sep | parate line for each | class of securities b | peneficially own | ned di | | Persons | | | | collection o | | | | 1474 (9-02) |
| Reminder: Re | eport on a sep | parate line for each | | · Derivative Sec | curiti | ies Acquire | Persons in this fo a curren | orm are r tly valid sed of, or | ot re OME Bene | equired to 3 control ficially Ov | respond ι number. | | | | 1474 (9-02) |
| 1. Title of Derivative Security (Instr. 3) | 2. | 3. Transaction | Table II - 3A. Deemed Execution Date, i | Derivative Sec (e.g., puts, cal 4. f Transaction Code c) (Instr. 8) | 5. Nu Deriv Secur Acqu or Dis | ies Acquire rrants, op imber of vative rities rities (A) sposed of : 3, 4, | Persons in this fo a curren | orm are retly valid sed of, or vertible secretisable attorn Date | OME Bene ecuri | equired to 3 control ficially Ov | o respond unumber. vned d Amount ring | 8. Price of | | of 10. Owners Form of Derivat Securit Direct or India | 11. Naturof Indirection of Indirecti |
| Title of Derivative Security | 2. Conversion or Exercise Price of Derivative | 3. Transaction Date | Table II - 3A. Deemed Execution Date, i | Derivative See (e.g., puts, call 4. f Transaction Code (Instr. 8) | 5. Nu Deriv Secur Acqu or Dis (D) | ies Acquirrants, op umber of rative rities iired (A) sposed of | Persons in this for a current ed, Dispositions, conficulty of the Example of the Example of the Example of the Expire and Expire of the Expire | orm are r tly valid sed of, or vertible s cercisable ation Date ay/Year) | not re OME Bene ecuri | equired to 3 control ficially Ovities) 7. Title and of Underly Securities | o respond unumber. vned d Amount ring | 8. Price of Derivative Security | 9. Number Derivative Securities Beneficially Owned Following Reported | of 10. Owners Form of Derivat Securit Direct or India | 11. Nature of Indire Beneficitive Owners! (Instr. 4) |

| | Relationships | | | | | |
|--|---------------|--------------|-------------------------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| Schroeder Stephen L NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046 | | | SVP & Chief Technical Officer | | | |

Signatures

| /s/ By Shahid Ghauri, attorney-in-fact for Stephen L. Schroeder | 12/21/2018 |
|---|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 19, 2018, reporting person's 209,840 restricted stock units, which were granted on November 13, 2016, vested, and the reporting person received 209,840 shares of common stock.

(2) Each restricted stock unit represents a contingent right to receive one share of WTI stock or its cash equivalent, as determined at the time of settlement by WTI.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.