FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person* KROHN TRACY W				2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner				
(Last) (First) (Middle) NINE GREENWAY PLAZA, SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 08/08/2019							X Officer (give title below) Other (specify below) Chairman, CEO & President					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
HOUSTON, TX 77046 (City) (State) (Zip)				Table I. Non Davinating Committee According						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any	ed Date, it	3. Transa Code (Instr. 8)		4. Securities Acqu (A) or Disposed of		uired of (D)	5. Amoun Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	Beneficial	
				(Month/Da	y/Year		ode	V	Amou	(A) or (D)	Price	or (I)		\ /	Ownership (Instr. 4)	
Common	n Stock		08/08/2019				P		21,50	0 A	\$ 4.47	46,234,0	098 (1)		D	
							1 cquire	the f	orm di sposed	splays a of, or Ben	curre eficial	ntly valid		spond unle rol numbe		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y	3A. Deemed Execution Da	te, if 4. Trans Code	action	scurities Acquired, Disposed of, and Expiration I (Month/Day/Ye) 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) V (A) (D) Date Exercisable Date Exercisable Date Exercisable Date Exercisable Date Exercisable Date Exercisable Exercisable Date Exe		cisable on Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4) Amount			9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivati Security Direct (1 or Indire	Beneficial Ownership (Instr. 4)		

Reporting Owners

		Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
KROHN TRACY W NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046	X	X	Chairman, CEO & President					

Signatures

/s/ By Shahid Ghauri, attorney-in-fact for Tracy W. Kro	n	08/08/2019
**Signature of Reporting Person		Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes shares held by the Tracy William Krohn Living Trust, dated May 31, 2012, the Tracy William Krohn 2008 JFF Trust, dated December 3, 2011 and the Tracy (1) William Krohn Exempt AKF Descendant's Trust, dated November 1, 2012. Tracy W. Krohn is the beneficiary and trustee and exercises sole voting and dispositive power over the shares held by these trusts.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.