# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* KROHN TRACY W				2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]							rmbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner						
(Last) (First) (Middle) NINE GREENWAY PLAZA, SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 08/16/2019							y/Year)	X Officer (give title below) Other (specify below)  Chairman, CEO & President						
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person						
HOUSTON, TX 77046 (City) (State) (Zip)				Table I - Non-Derivative Securities Acou							Securities	ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	any	Deemed ation Date, if	e, if	Code (Instr. 8)		4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		uired of (D)	5. Amour Beneficia Reported	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form:	Beneficial		
				(Month/Day/Year)		ear)	Со	ode	V	Amoui	(A) or	Price	(Instr. 3 a	3 and 4)		\ /	, 1	
Common	Stock		08/16/2019				F			14,92	5 A	\$ 4.38	46,271,	586 (1)		D		
			Table II - 1					t quire	he fo	orm dis	splays a o	curre eficial	ently valid	OMB conf	spond unle trol numbe			
1. Title of Derivative Security (Instr. 3)			4. Tr Cc (Ir	ransactioned and str. 8)	5 N O D D D D D D D D D D D D D D D D D D	sarrants, opt 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date Exercisable Date  Exercisable Date  Exercisable Date			7. T Am Und Sect (Ins 4)	Amount of Amount of or Shares		9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivati Security Direct (1 or Indire	Beneficial Ownership (Instr. 4)		

#### **Reporting Owners**

		Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
KROHN TRACY W NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046	X	X	Chairman, CEO & President						

## **Signatures**

/s/ By Shahid Ghauri, attorney-in-fact for Tracy W. Krohn	08/19/2019
-*Signature of Reporting Person	Date

### **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes shares held by the Tracy William Krohn Living Trust, dated May 31, 2012, the Tracy William Krohn 2008 JFF Trust, dated December 3, 2011 and the Tracy (1) William Krohn Exempt AKF Descendant's Trust, dated November 1, 2012. Tracy W. Krohn is the beneficiary and trustee and exercises sole voting and dispositive power over the shares held by these trusts.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.